

# ArthroSoothe™ Supreme

*Natural support for joint and cartilage health\**

ArthroSoothe™ Supreme offers ideal nutritional support for joint health.\* Joints, cartilage, ligaments, tendons and synovial fluid (necessary for joint lubrication) undergo a continuous but slow natural regeneration process which can be affected by many factors such as nutrition, activity levels, hormones, oxidative stress, aging, occasional stress and certain medications. This continuous repair of joints and tissue is dependent on supportive nutrients derived from the diet. Some individuals experiencing joint-related issues may benefit from supplemental amounts of helpful compounds in quantities higher than they might typically obtain from diet alone.

## Highlights

- **Glucosamine** – Provides precursors for the continuous structural repair of ligaments, tendons, and joint and spine cartilage, by contributing to the formation of proteoglycans. Together with collagen, proteoglycans form cartilage, the spongy, rubber-like padding that covers and protects the tips of bones, which is where the joints are located.\*
- **Sulfur (from MSM and N-Acetyl-L-Cysteine)** – Sulfur is required for healthy collagen formation, with collagen being one of the primary structural proteins in joints and connective tissues (such as tendons and ligaments, but also bones and skin). N-acetyl-L-cysteine is also a precursor to glutathione, the body's "master antioxidant."\*
- **Quercetin and Resveratrol** – Quercetin is a compound found abundantly in red onions, apples, olive oil, dark berries, salad greens and culinary herbs, while resveratrol is found in grapes, red wine, raspberries, plums and açai berries. These compounds are responsible for the richly colored pigments in these notably healthful foods, and they help protect against oxidative stress while supporting a balanced inflammatory response.\*
- **Green Lipped Mussel** – A New Zealand shellfish that provides additional glucosamine, as well as chondroitin sulfate, both of which are well-regarded for supporting joint health. Green lipped mussel contains special fatty acids that help promote an appropriate inflammatory response in the body. The hardy Maori tribespeople of New Zealand—whose diet included substantial amounts of green lipped mussels—were noted throughout history for their health and physical robustness.\*
- **Scutellaria baicalensis (Chinese skullcap) and Acacia catechu** – plant extracts which have been used historically in Chinese and Ayurvedic medicine, respectively. These compounds are rich in bioflavonoids and they influence the biochemical pathway in the body that works to promote a healthy inflammatory process.\*

**Recommended Use:** As a dietary supplement, take four capsules per day with meals, or as directed by your health care practitioner.

Contains shellfish (mussels, crab, lobster, shrimp, snails, oysters).

### Benefits\*:

- Provides essential building blocks and nutrients for healthy joints and cartilage
- Provides antioxidant support
- Supports a healthy inflammatory response



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).