

Arthroben®

Medical food for the dietary management of the metabolic processes of osteoarthritis

Arthroben® is a safe, effective medical food designed to support a healthy and balanced inflammatory response, neutralize damaging free radicals, provide nutrients that help repair connective tissue, and help increase joint mobility and function. A medical food is an FDA regulated category of products intended for the dietary management of a disease or condition that has distinct nutritional requirements. This formula is recommended for those experiencing joint and connective tissue problems associated with aging, athletics, or other physical activity.

Joint and tissue destruction often occurs because of a lack of nutrients and an increase in the quantity of damaging free radicals generated by environmental and dietary toxins or intense, repetitive movements as can occur with athletes. Most problems with joints and connective tissues are managed with nonsteroidal anti-inflammatory drugs (NSAIDs), but these drugs often bring with them serious side effects including GI upset and pain, nausea, heartburn, kidney damage, and cardiovascular events (heart attack and failure, stroke, etc.).

Arthroben® attacks the same issues as NSAIDs, but uses a unique combination of nutrients that do not result in negative side effects and is offered in a highly absorbable, delicious tasting powder.

Key Ingredients in Arthroben®

- **Collagen peptides:** Arthroben® features Fortigel® and Verisol®, two variations of predigested collagen proteins – the building blocks for connective tissue. Collagen peptides boost pathways that build and repair connective tissues, while simultaneously “turning off” enzymes that break down connective tissue. Additionally, they help maintain tissue hydration. These functions support adequate volume of cartilage and the elastic properties of connective tissues which helps maintain healthy skin, joints, and ligaments.
- **Flavonoids:** Arthroben® contains a proprietary blend of natural flavonoids from the plants, *Scutellaria baicalensis* and *Acacia catechu*. These flavonoids are powerful antioxidants that help prevent free radicals from destroying connective tissues. They also help the body manage a balanced inflammatory response to help reduce pain and swelling in the joints.

Benefits of Arthroben® include:*

- Balanced, healthy inflammatory response
- Potent antioxidant protection
- Provides building blocks for connective tissue
- Supports joint mobility and function
- Encourages joint repair
- Not associated with the negative side effects of NSAIDs
- High safety and tolerability
- Safe for patients on blood thinners

Recommended Use

Unflavored/Unsweetened: Mix 8 grams (approx. 1 heaping tablespoon) in 8 ounces of water per day, or as directed by a physician.

Green Apple; Lemon-Lime: Mix 11 grams (approx. 1.5 tablespoons) in 8 ounces of water per day, or as directed by a physician.



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.