

Astaxanthin

Extremely powerful antioxidant that supports overall health and energy

Astaxanthin is an extremely powerful carotenoid from the microalgae *haematococcus pluvialis*, one of the richest sources of natural astaxanthin. It is reddish in pigment and is what gives crustaceans such as krill, lobster, and shrimp their vibrant pink color.

Powerful Antioxidant

Astaxanthin has a very unique structure which gives it its strong antioxidant (free radical-fighting) capabilities. Because of this structure, astaxanthin is considered to be substantially stronger than all other well-researched antioxidants, including vitamin C, vitamin E, CoQ10, lipoic acid, and beta carotene. Except for consuming salmon or shellfish, astaxanthin cannot be obtained from the diet.

Astaxanthin Benefits

- ◆ **Cardiovascular Health** – Shown to have a positive effect on cholesterol and lipid metabolism
- ◆ **Helps with normal insulin function** – Supports healthy blood sugar levels
- ◆ **Eye Health** – Supports healthy blood flow and occasional eye strain
- ◆ **Skin Health** – Helps protect the skin throughout the normal aging process
- ◆ **Optimal Endurance** – May help with physical performance by supporting the function of the mitochondria, the energy powerhouses of the cells
- ◆ **Gastric Health** – Supports a healthy gastrointestinal system with its ability to fight oxidative stress and in supporting a healthy inflammation response

Benefits:

- *Supports healthy aging*
- *Powerful antioxidant properties help reduce oxidative stress (damage from free radicals)*
- *Supports cardiovascular health*
- *Assists with proper insulin balance*
- *Supports eye and gastrointestinal health*
- *Enhances physical endurance*
- *Promotes skin health; offers protection from the sun*

Why Choose Designs for Health's Astaxanthin?

For optimal supplementation, astaxanthin needs to be carefully extracted and processed into a form which allows for optimal bioavailability and stability. The astaxanthin found in this product is extracted directly from microalgae using a solvent-free technology that ensures maximum control and purity. It is the most studied form of astaxanthin in the world with over 40 clinical studies, both animal and human.

Recommended Use

Take one softgel per day, or as directed by your health care practitioner.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.

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