

# EndoTrim™

*Nutritional support for fat loss and healthy body composition*

## **Are you:**

- Looking for a way to enhance the effects of a healthy diet and exercise regimen?
- Concerned about preserving your hard-earned, lean muscle mass while also lowering body fat?
- Experiencing cravings when under stress—especially for refined carbohydrates?

EndoTrim™ contains a powerful blend of vitamins, minerals, and plant extracts formulated to address all of these issues. By supporting a healthy balance of the hormones involved in blood glucose handling, the stress response, and the regulation of appetite, EndoTrim™ supports healthy metabolism and improvements in body composition naturally.

## **Highlights**

- **Tyrosine** – an amino acid required to make thyroid hormone. The thyroid gland is one of the “master regulators” of basal metabolic rate, and therefore determines how much energy you burn even while at rest. Tyrosine is also a precursor to neurotransmitters involved in promoting balanced moods—a key factor in how you react to stress and cravings.
- **Coleus forskohlii, Garcinia cambogia, EGCG (Green Tea Extract)** – promote lean body mass and enhance fat loss by stimulating metabolism and ergogenic activity, which enhances stamina and energy burning during exercise.
- **American ginseng** – in Eastern medicine ginseng root has a long history of supporting healthy physiology in a many ways. In this blend, it helps the body’s natural management of blood sugar levels and is useful for controlling sugar cravings induced by cortisol, the body’s primary stress hormone. High cortisol levels (caused by stress) can be the undoing of even the most effective diet and exercise program because of their effect on blood sugar and insulin.
- **Carnitine** – supports the metabolism of body fat by helping to shuttle fats into the mitochondria, our body’s “furnaces,” where they are burned to generate energy.
- **Chromium, Vanadium, Banaba** – shown to aid insulin sensitivity and facilitate the entry of glucose into cells, thereby helping to maintain proper blood glucose levels that can be affected during times of stress. Optimal insulin sensitivity also helps your body use carbohydrates effectively for energy, which may result in a reduction in the amount stored as fat. Along with this product’s B vitamins, zinc, and other highly bioavailable chelated minerals, these factors promote healthy metabolism and mitochondrial function.
- **GABA** – helps produce a body-wide calming effect, thus moderating the anxiety and irritability sometimes associated with stress, and also tempering the familiar carbohydrate cravings you might occasionally feel during difficult times.

**Recommended Use:** For best results, take four capsules per day—two capsules at breakfast and two at lunch, or as directed by your healthcare practitioner.

**\*Children under 12 years old, pregnant and lactating women should not use this product.**



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**

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