

# GI Microb-X™

*Natural support for gastrointestinal health\**

GI Microb-X™ is a proprietary blend of botanicals that can help support a healthy microbial balance in the gastrointestinal (GI) tract. Each ingredient in this product has a long history of use for supporting healthy gut flora. These botanicals include: *Tribulus Extract*, a flowering plant also known as the Puncture Vine, which is native to warm temperate and tropical regions; *Berberine Sulfate*, found in roots, rhizomes and the stem bark of plants such as barberry, goldenseal, goldenthrad and tree turmeric; *Sweet Wormwood*, derived from the inner bark of the *Artemesia annua*; *Black Walnut Extract*; *Bearberry Extract*; and *Caprylic Acid*. Research has shown that these unique botanicals possess a wide array of properties that can help support optimal gut bacteria balance including antibacterial, antiviral, antiparasitic, and antifungal activities.

Aging, exposure to antibiotics, poor diet, infection, and stress can all compromise the good gastrointestinal bacteria and disrupt the microbial balance. Combined, the ingredients in GI Microb-X™ provide a broad spectrum of activity in order to support a healthy balance of the normal flora.\*

## Why is it important to support the GI tract?

A healthy digestive system is critical to our overall health. Seventy percent of the body's immune system resides in the digestive tract and it is here where food is broken down into absorbable nutrients.

Billions of bacteria live and work in the intestines, affecting our metabolism, nutrient absorption and immune function. They ferment foods, prevent the growth of harmful bacteria, work to manufacture hormones, and produce vitamins such as K, B12, and other B vitamins. The presence of specific bacteria can even have an effect on weight management, as gut microbes aid in the breakdown of carbohydrates and in the absorption of dietary fats.

Bacteria also work to enhance the protective barrier function of the intestines, in order to support the immune system. They serve as a line of resistance against invasive bacteria and can even trigger the production of what are called 'T cells,' which are important immune system boosters. Therefore, it is vital to our health to help foster the healthy bacteria that live in the gut.

## Recommended Use:

Take one capsule per day on an empty stomach, or as directed by your health care practitioner. Switch to taking this product with a meal if it causes stomach upset.



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).