

# Grape Seed Supreme™

*Combining grape seed & skin extracts for powerful antioxidant support*

Grape Seed Supreme™ employs a combination of grape seed and grape skin extracts to provide multiple benefits related to cardiovascular health and brain function while also potentially protecting body proteins (collagen, lipoproteins) from oxidative damage. Grape Seed Supreme™ contains proprietary blends of whole grape extract (similar to a non-alcoholic wine extract) and grape seed extract, which are high in the antioxidants, polyphenols, and other compounds believed to underlie the widely recognized health benefits of wine and grape juice (such as resveratrol and quercetin).

The grape extract in this product is standardized and concentrated to contain 75% polyphenols, and the grape seed extract contains 90% polyphenols. This grape seed extract is highly bioavailable with enhanced absorption due to its low molecular weight compounds. It has among the highest ORAC values of any grape seed extract currently available. (ORAC stands for "Oxygen Radical Absorbance Capacity", which is its total antioxidant capacity).

## **The compounds in this product may help support:**

- **Cardiovascular Health:** Antioxidants in grape seed and skin extracts may help protect lipoproteins, which carry cholesterol. (Evidence suggests it is not cholesterol, itself, that is detrimental to cardiovascular health, but rather, damaged lipoproteins that transport cholesterol.) Concentrated grape compounds also help support a healthy inflammatory response, blood vessel elasticity, and healthy platelet function, which may support healthy blood pressure and circulation.
- **Brain and Neurological Function:** The powerful antioxidants in Grape Seed Supreme™ may help support the function of the mitochondria, which is where cellular energy is generated. Healthy mitochondria are necessary for optimal brain health and cognitive function.
- **Healthy Skin, Connective Tissue & Wound Healing:** Grape seed extract inhibits some of the enzymes involved in the natural breakdown of compounds in skin, joints, and connective tissue, such as collagen, elastin, and hyaluronic acid. This may be beneficial for skin protection, wound healing, and healthy joints.
- **Healthy Aging:** The impressive antioxidant content found in this product's concentrated grape extracts helps to support the body's natural aging process.

## **Recommended Use:**

As a dietary supplement, take two capsules per day with meals, or as directed by your health care practitioner.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**