

Mood-Stasis™

Natural support for healthy mood and positive mental outlook

Mood-Stasis™ is a blend of vitamins and herbs formulated to promote a healthy mood and a positive mental outlook. The ingredients in this product help support healthy levels of serotonin and dopamine, which are key calming brain chemicals called neurotransmitters.

Mood-Stasis™ is formulated to be effective at relatively low doses, making it convenient for individuals with demanding schedules and hectic lives, as well as those who prefer to limit the number of pills they take.

FEATURES

Saffron Extract – a spice used in Spanish and Middle Eastern cuisine. (It's what gives paella its famous yellow-orange color.) Traditional Persian and Ayurvedic medicine have long used saffron as a natural mood booster, and it may also help assist with memory and sleep quality.

Sceletium Extract – derived from a South African plant that has been used by indigenous peoples for centuries for relaxation, and calming thirst and hunger signals prior to long hunting trips. Modern research has proven its benefits in enhancing positive mood and cognitive function, and inducing calm without sedative effects. Combined with the other ingredients in this product, scelletium's effects on appetite signaling may benefit individuals who use food as a coping or comforting strategy when experiencing occasional anxiety.

Vitamin B12 & Folate – Individuals who experience anxiety and low moods may require higher doses of these two B vitamins than are typically obtainable from foods alone. These vitamins are essential for the body to make S-adenosylmethionine (SAME), another important compound for maintaining a positive mental outlook. B12 is necessary for building healthy myelin, a substance that protects and insulates nerve cells (neurons) in the brain, thus supporting healthy cognitive function. Some individuals' genetic make-up may affect reactions in the body which depend on B12 and folate. These people may benefit from supplemental amounts of these nutrients in order to keep these physiological pathways running efficiently.

RECOMMENDED USE:

- As a dietary supplement, take 1 capsule per day, or as directed by your health care practitioner.

HIGHLIGHTS

- Easy compliance – once-a-day dosing is all that's needed
- Not habit-forming – will not induce dependency or withdrawal symptoms
- Fast-acting & effective at low doses
- No unpleasant side-effects



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.

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