

OmegAvail™ Lemon Drop Smoothie

Omega-3 fatty acids in a delicious lemon-flavored liquid

OmegAvail™ Lemon Drop Smoothie is a delicious tasting, high potency, emulsified fish oil product with superior bioavailability. It offers a wonderfully convenient option for children, those who prefer not to swallow pills, and situations where doses tailored for an individual's unique needs would be difficult to achieve via softgels. This breakthrough product has the taste of a fruit smoothie – without any oily taste or texture. As OmegAvail™ Smoothie is a fish oil product, accordingly, you may notice a fish oil taste. However, the lemon flavor helps to mask this taste and ultimately results in a flavor that is quite pleasant.

Omega-3 Fatty Acids

Omega-3 fatty acids are the healthy components in fish oil. They are known as “essential fatty acids” (EFAs) because the body cannot manufacture them, making it essential to consume them in the diet. Omega-3 fatty acids are primarily found in seafood, which is not a dietary preference for many individuals. Therefore, supplementation is important.

Omega-3 Fatty Acids consist of:

- *Eicosapentaenoic Acid (EPA)* – beneficial for supporting healthy cognitive function, balanced moods, smooth/hydrated skin, lustrous hair, normal cholesterol levels, and a proper inflammatory response
- *Docosahexaenoic Acid (DHA)* – supports proper brain development and function, visual acuity, maintenance of normal triglyceride levels and blood pressure, eye development and a healthy pregnancy for expectant mothers

The omega-3 fatty acids in this product are derived from fish oils in their triglyceride (TG) form—the same way they naturally occur in fish. Most mass-marketed fish oil supplements come in the ethyl ester (EE) form. Compared to the TG form, the EE form is less expensive and more convenient to produce, but is not as readily recognized, digested and assimilated by the body. In order to receive the maximum benefits from omega-3 fish oil supplementation, it is critical that these fats are provided to the body in the same form that they are found naturally in fish. It is only when consumed in this natural TG form that they are most easily digested and available for the body to use. This TG advantage is especially effective at promoting healthy omega-3 levels in the body.

Additional Highlights

- Fish oils are molecularly distilled and filtered to ensure purity and to maximize the removal of metals, pesticides, PCBs and other contaminants
- Each 2 teaspoon serving is packed with 1100mg of EPA and 720mg DHA (a total of 1820mg)
- Naturally sweetened with xylitol to promote oral health and support healthy blood sugar

Recommended Use:

- As a dietary supplement, take 11 grams (approx. 2 teaspoons) per day, or as directed by your health care practitioner.
- Can be taken alone or mixed in yogurt, juice or other beverages.
- Shake well prior to dispensing.
- Refrigerate after opening.
- Best if used within 90 days after opening.

OmegAvail™ Lemon Drop Smoothie may support:

- Heart health
- Normal cholesterol and triglyceride levels
- Immune system function
- Brain health and development
- Joint mobility
- Healthy skin and hair
- A balanced inflammatory response
- Eye health and development
- A healthy pregnancy



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.