

# Probiotic Supreme DF™

*High dose, dairy-free probiotic*

Upwards of 60% of the immune system is associated with the gastrointestinal (GI) tract, so good digestive health is essential for whole body wellness. We live in synergy with the bacterial colonies in our intestines, and imbalances in this gut flora—either an absence of beneficial bacteria or an overgrowth of unhealthy organisms—can bring about a wide variety of health complications. Some of these—like bloating, gas, constipation, or diarrhea—are digestive in nature, but microbial imbalances can influence our health in many other ways.

Traditionally, people consumed fermented foods like kefir, sauerkraut, and kimchee to help ensure healthy GI flora. Since these foods are rarely consumed in sufficient quantities today, it is important that most people supplement their diets with probiotics. Probiotics are naturally occurring friendly bacteria that are an integral part of a healthy digestive system. They exist primarily in the small and large intestines, and enhance health in several key ways:

- Assist with food and nutrient assimilation\*
- Help inhibit the overgrowth of harmful bacteria\*
- Support the immune system\*

Probiotic supplementation may also help replace beneficial intestinal tract organisms lost to antibiotic use, illness, poor diet, stress and other factors.\*

Probiotic Supreme DF™ is a high dose, dairy-free probiotic, delivering 15 billion organisms per dose\*\* divided among 8 different microbial strains. It is offered in caplet form with a patented delivery system to ensure delivery of the highest number of live organisms to the intestinal tract.

\*\*Viable organisms at time of manufacture.

**Recommended Use:** As a dietary supplement, take one caplet per day with a meal, or as directed by your health care practitioner.

**Note:** Refrigeration of this product is recommended and will ensure maximum potency and shelf life.

## **Probiotic Supreme DF™ may benefit\*:**

- Those with sensitivity to dairy-based probiotics
- Individuals looking to repopulate intestinal flora after a course of antibiotics
- GI health and digestive function



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**