

# Probiotic Synergy™ Probiospheres

*Support for a healthy gastrointestinal system\**

Upwards of 60% of the immune system is associated with the gastrointestinal (GI) tract, so good digestive health is essential for whole body wellness. We live in synergy with the bacterial colonies in our intestines, and imbalances in this gut flora—either an absence of beneficial bacteria or an overgrowth of unhealthy organisms—can bring about a wide variety of health complications. Some of these—like bloating, gas, constipation, or diarrhea—are digestive in nature, but microbial imbalances can influence our health in many other ways.

Traditionally people would consume fermented foods like kefir, sauerkraut, and kimchi to help ensure healthy GI flora. Since these foods are rarely consumed in sufficient quantities today, it is important that most people supplement their diets with probiotics.

## Our Formulation

Probiotic Synergy™ Probiospheres provide a comprehensive array of beneficial bacteria to support a healthy gastrointestinal system. They contain 5 billion colony forming units (CFUs) made up of eight different bacterial strains designed to mimic the diversity of microorganisms found in a variety of cultured foods. The types of lactobacilli, bifidobacteria, and streptococcus in our product are the most well-researched, most effective, and are scientifically proven to be beneficial.

## Probiosphere Technology

With probiotic supplements, it's all about the survival of three major barriers: during the manufacturing process, on the shelf and through stomach acid. Probiotic Synergy™ is formulated to survive these barriers with unique technology that uses a patented delivery and shelf stability technology available to ensure maximum potency and viability. It is this Probiospheres tableting technology and shape that protects fragile probiotic organisms from harsh stomach acid and delivers the highest number of live organisms to the lower intestinal tract, where they are most effective.

### Probiotics help support:\*

- Healthy digestion
- The immune system
- Bowel health and aids in restoring proper elimination, such as with occasional constipation or diarrhea; may help control the normal balance of organisms in the GI tract.
- Individuals on antibiotics. Antibiotics eradicate illness-causing bacterial strains, but they also kill the beneficial strains. Probiotics help restore and maintain the crucial balance of these essential organisms.

**Recommended Use:** As a dietary supplement, take one sphere per day with a meal, or as directed by your healthcare practitioner.

**Note:** Refrigeration of this product is recommended and will ensure maximum potency and shelf life.



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**