

# Q-Evail® 100 & 200

*Potent & bioavailable form of CoQ10*

Q-Evail® provides highly bioavailable ubiquinone, also known as coenzyme Q10 or CoQ10. Ubiquinone derives its name from the word “ubiquitous,” because it is present everywhere in the human body. It is especially important for generating energy (ATP) in the mitochondria, the tiny “energy factories” inside most cells. For this reason, organs and tissues with high energy demands, such as the heart and liver, have the highest concentrations of CoQ10. CoQ10 is also one of the body’s most critical antioxidants, helping to protect mitochondrial membranes from free radical damage, as well as to recycle other antioxidants, such as vitamins C and E. CoQ10 may help support physical energy levels, mitochondrial health and neurological function.\*

## **Why supplement with CoQ10?**

CoQ10 is synthesized by the body and can be obtained in small amounts from certain dietary sources, such as fish and organ meats, but these amounts may be inadequate to meet the body’s demands under certain circumstances. For example, older age, various health conditions, and the use of numerous medications increase the need for CoQ10. Statin drugs, which are used for lowering blood cholesterol, are one such class of pharmaceuticals: they interfere with the process by which the body internally generates CoQ10, which could potentially increase the need for CoQ10 from outside sources.

## **What Makes Q-Evail® Unique**

Conventional CoQ10 supplements are often difficult for the body to absorb and assimilate. Our Q-Evail® is manufactured via a proprietary emulsification process that uses ingredients, including vitamin E, medium chain triglycerides (MCTs) and sunflower lecithin. This form of CoQ10 is more bioavailable and accessible in the body than traditional CoQ10 powders and other formulations.

### **Q-Evail® may help support\*:**

- Cardiovascular health
- Brain & nervous system health
- Proper energy levels
- Healthy aging

**How to Take:** As a dietary supplement, take one softgel per day, or as directed by your health care practitioner.



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**