

RYR Synergy™

Natural support for normal cholesterol levels and cardiovascular health

RYR Synergy™ contains organic red yeast rice derived from US grown *Monascus purpureus*, a yeast that contains several compounds collectively known as monocolins. Research shows that monocolins can support overall cardiovascular health, and monocolin K in particular can help to maintain healthy blood lipids (such as cholesterol) through its role in the production of the HMG-CoA reductase enzyme. This enzyme is directly involved in determining how much cholesterol your body produces.

In addition to monocolins, this product also contains coenzyme Q10 (CoQ10), a nutrient recognized for its significant role in cellular energy metabolism as well as being one of our most vital antioxidants. CoQ10 is included here because it is made in the body through the same pathway as cholesterol; since red yeast rice is affecting this pathway, CoQ10's inclusion helps to protect proper levels of this critical nutrient.

RYR Synergy™ supports the cardiovascular system in the following ways:

- Helps maintain a healthy balance of blood lipids such as LDL, HDL, and triglycerides
- Potentially curbs the growth of certain harmful microbes, which over time can affect the cardiovascular system
- Supports a healthy inflammatory response and protects against damaging oxidative stress, thereby supporting the overall health of the arteries
- Promotes healthy blood sugar levels -an important factor in cardiovascular health

Outstanding Quality

The red yeast rice in RYR Synergy™ is USDA-certified organic and is grown in the US. It has been thoroughly tested to assure that there are undetectable levels of the fungal contaminant known as citrinin, as well as substantial levels of naturally-occurring monacolin compounds, especially monacolin K.

The CoQ10 found in this product uses a patented delivery system that has been shown to significantly increase absorption and bioavailability.

Recommended Use

- Take two capsules per day, or as directed by your health care practitioner.
- Research concludes that most cholesterol that is made in the body is produced while sleeping. Therefore, take at bedtime, rather than early in the day.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.

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